

In The Gutter

August 3rd, 2023



Red season is in full swing here. A few reminders while we are in the thick of it. You **MUST** have PTO available to request time off. If you don't know how to bank your overtime using the time off request to help build up your PTO - ask Joe and he will guide you.

Installers - Have questions on "how" to install something or if it can be done: TEXT JAY, he is head of operations and makes those final calls and is best suited for problem solving. Text is also better with pictures for him! **No job should be deemed that it can't be done without his approval.** Have a question on the estimate itself: Text the estimator.

Make sure you are logged into the MGI email when trying to access drive files - we cannot and will not share them to your personal email.

You do NOT need to text or call Tiffany if you are unable to make it into work. You **MUST** call the office line (231-933-1244 ext 710) and leave a voicemail. These get emailed to Tiffany and she checks them every morning.

Atta Boys from July

Congratulations to our June winner -
Blake!

Chad - Roeder Estimate

Kris & Nathan - Roeder Job

Nick & Steven - Clous Job

Kris & Nathaniel - Dalley Job

Reminders

Rainchain basin should have holes drilled in the bottom so there is a place for the water to go.

PLEASE clock out when you leave the shop in the morning. Clock back in and add notes. You should always have a job name and if it was completed or not.

You must signed up for the Ramsey program prior to any pay advances you request - see last page for details.

Birthdays and Anniversaries!

8/3 - Thank you for 3 years of service Joe!

8/25 - Happy Birthday Kyle!

8/26 - Happy Birthday Michael!





Safety Meeting Recap

Working in Outdoor Environments



Ways to protect yourself from heat:

- Drink cool water.
- Take rest breaks in a shaded cool area.
- Dress for the heat in light-colored, loose-fitting, and breathable clothing.
- Monitor yourself and others for signs of heat illness.

Heat illness warning signs:

Headache or nausea, weakness or dizziness, heavy sweating or hot dry skin, thirst, and decreased urine output

The following are signs of a medical emergency - call 911, cool the worker and stay with them if you notice any of these :

- abnormal thinking or behavior
- slurred speech
- seizures
- loss of consciousness

Health Risks of Hot Weather

When it is very hot, there is an increased risk of heat-related illness. The body's temperature rises and cannot be cooled by sweating or the other ways the body cools itself. The most severe heat-related illnesses are heat exhaustion and heat stroke. If not treated, heat exhaustion can worsen and cause heat stroke or death. The figure below shows common symptoms of heat exhaustion and heat stroke.

Types of heat-related illness

Heat Exhaustion Symptoms	Heat Stroke Symptoms
Faint or dizzy	Confusion, disorientation
Excessive sweating	Very high body temperature
Cool, pale clammy skin	Red, hot skin may be dry or sweaty
Nausea or vomiting	Nausea or vomiting
Rapid pulse	Rapid pulse
Muscle cramps	May lose consciousness

What to do for heat exhaustion	What to do for heat stroke
<ul style="list-style-type: none">• Move to a cool place.• Loosen clothing.• Put cool, wet cloths on body or take a cool bath.• Drink cool water. <p>Get medical help if any of the following happen:</p> <ul style="list-style-type: none">• Person throws up or cannot drink.• Symptoms get worse.• Symptoms last longer than one hour.	<ul style="list-style-type: none">• Call 911 right away.• Move the person to a cooler place.• Help lower the person's temperature with cool cloths or cool bath.

How Can I Protect Myself?

Stay Cool

- Limit your time in the heat.
- When it is above 90° F, find somewhere with air conditioning or take cool showers or baths. Don't rely on electric fans to stay cool.
- Wear loose, lightweight, light-colored clothing.
- Avoid direct sunlight.
- Watch the forecast. Give yourself time to adjust to the hot weather.

Stay Hydrated

Tips for staying hydrated

- Drink more water than usual.
- Drinking more often is better than drinking large amounts infrequently.
- Drink before you get thirsty.
- Avoid alcohol or liquids that have high amounts of sugar and/or caffeine.

Drinking **WATER** is the best way to stay hydrated while working in the heat. It is also important to eat regular meals that replace the salt lost from sweating.

When working or being active in the heat, drink about one cup of water every 15–20 minutes. Drink about one quart of water per hour.²

The urine color test

The color of your urine can tell you if you should be drinking more water. If you are well hydrated, your urine will be a very light yellow. The more dehydrated you are the darker your urine will be.³

1 quart	=	1/4 gallon (32 oz)	= approx	1 L
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Drink more water! Drink water immediately!

Foreman Meeting on 8/8.

Safety Meeting on Electrical Hazards & Ladders held on 8/15.
No breakfast - we will grill in the afternoon!



Do's and Don'ts

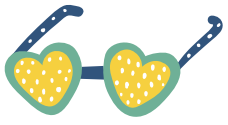


Billable service call DO: fill out the service sheet **and** WIB. Any material used needs to be marked in the WIB so its clear what exactly needs to be billed for. If only a service form is open - open up a normal WIB as well or call the office to have them un-hide it.

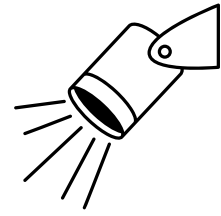


Do NOT leave gutter in miters like this. This will hold water and cause issues. Gutters should be trimmed so water can flow easily.





Get To Know The Crew!



This months
spotlight is
on Wesley!



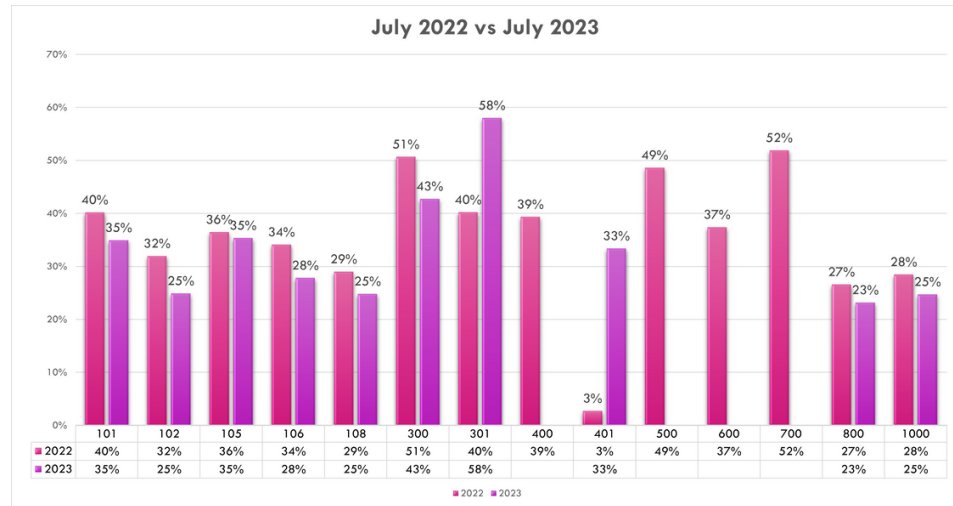
Wesley was born and raised in the Traverse City area and is 26 years old. He grew up with four younger brothers. He enjoys staying active and played soccer, football, BMX, trigger boxing, and MMA while growing up. He is now a father of 2 adorable little girls. When he is not slagging gutter or working at his business - he is usually out at the parks playing, at the drag races in Kaleva, or out fishing and enjoy nature with his girls!



Let's Talk Numbers!

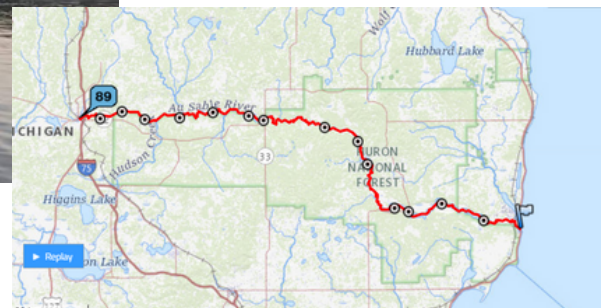


Lead	Total Jobs Completed & Invoiced
Blake	14
Bryce	12
Chris	20
Eli	11
Gordon	1
Kadin	30
Kris	22
Mark	8
Max	9
Michael	10
Mitch	3
Nick	7
Wesley	1
Grand Total	148

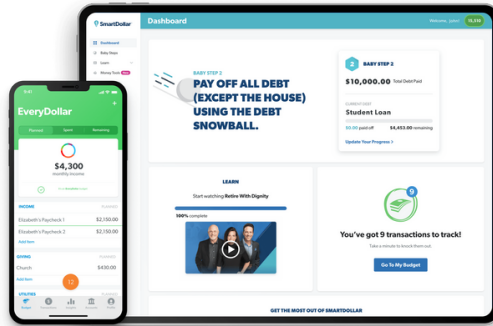


- 101 - Standard Gutter System
- 102 - Cleaning
- 103 - Repairs
- 105 - Standard Gutter w/Protection
- 106 - Gutter Protection
- 107 - Ice Steaming
- 108 - Service Call
- 110 - Standard Gutter w/Heat
- 200 - 8" Gutter
- 300 - Specialty Gutter AL
- 301 - Specialty Gutter AL with protection
- 302 - Specialty Gutter AL with Heat
- 400 - Specialty Gutter Copper
- 401 - Specialty Gutter Copper with protection
- 402 - Specialty Gutter Copper with heat
- 500 - Heat Systems
- 600 - Snow Retention System
- 700 - Underdeck
- 800 - Drain Tile
- 1000 - Gaylord

Congratulations to Joe on completing the AuSable Canoe Marathon on 7/28-7/29! He completed the 120-mile non-stop race in 16 hours 14 minutes!



Ramsey SmartDollar Program



Learn how to be PROACTIVE about your budget instead of REACTIVE about your expenses.

Most of us know what we should be doing with our paychecks, but few of us take control, lay out a plan, and follow it. That's why we're now offering SmartDollar, a program that is completely free for you and has helped millions of people (just like us) get on a plan and take control of their money. All of your data will remain completely confidential and secure.

With SmartDollar, you'll get:

- A Proven, Step-by-Step Plan: Learn about the 7 Baby Steps that have helped millions of people get out of debt, invest, build wealth, and give generously.
- Video Lessons and Expert Advice: Learn from the experts! Through video lessons and real-world content applications, our team of experts, including Dave Ramsey, will inspire you to take action and reach your dreams.
- Online Tools Accessible 24/7 on Any Device: Jump-start your finances as quickly as possible with our budgeting tool, savings tracker, debt snowball tool and more!

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